

CAREER DEVELOPMENT

WHAT WE WILL COVER SUMMARY

• Personal Effectiveness

How you manage change.

Personal Branding

How to make a lasting impression.

 Influencing and Networking

Creating strategies to produce positive outcomes.

Being Authentic

Knowing what makes you tick and how you manage your emotions in times of stress How is your current environment impacting your ability to see things clearly when it comes to your career?

This "Next Steps" workshop is focused on your career development and understanding the areas that help you move forward.

A perfect opportunity to spend focused time on what's next for you in your career. Just how up to date is your CV?

This workshop will provide some useful tools and techniques to help you decide what it is that really brings out the best of you. When you understand that, you can truly focus on the type of job you want to pursue.

PRE/POST WORK

• None



OBJECTIVES

By the end of this course you will;



Identify and understand how effectively you manage change



Build confidence and grow credibility and personal brand



Understand influencing techniques to use and how to adapt your style